

Leaves of Gold

October 18th-21st
Senior Adult Retreat

MOUNT
SEQUOYAH
800.760.8126
www.mountsequoyah.org

Bishop Wilke, Preaching



Elected to the episcopacy of the United Methodist Church in 1984, Bishop Wilke served for 12 years in the Arkansas area.

With his wife, Julia,

Bishop Wilke coordinated, designed, and wrote the DISCIPLE Bible Study. During his 30 years of pastoral ministry, Bishop Wilke pastored churches in Kansas. The Wilkes have four children and nine grandchildren and reside in Winfield Kansas, where Bishop Wilke serves as Bishop in Residence at Southwestern College.

Mary White, Missions



As the New Mexico Conference Volunteers in Mission Coordinator, Mary found her love of missions in 1997 with her first mission experience in Macedonia. She has led and served on the UVMIM international teams in Bosnia, Slovakia, and Hungary.

Mary is responsible for VIM training for team leaders and members. Also, she is the resource for teams coming into the NM conference and NM teams traveling within and outside of the conference.

Workshop Samplings

Cornhusk Wreaths

Learn the basics of selection, preparing and creating with corn shucks. Each class member will create a small cornhusk wreath to take home. Originating with the American Indians, it is one of the simplest American Heritage Crafts to master.

Beginner Handbell

Simple handbell techniques will be taught to those who have always wanted to learn about and play handbells. The class will be performing several pieces in an evening worship service to share their new found musical gifts.

Aviation/Aircraft

Lt. Colonel Dave Bowman will share about his experiences as a military and civilian pilot. As a prelude to the Arkansas Air Museum outing, Lt. Bowman will discuss various aircraft.

Spiritual Journaling

Rev. Kim Ross, Spiritual Director of Mount Sequoyah, will explore spiritual journaling through three steps: discernment, creative journaling and group sharing.

English Paper Piecing

Participants will be making beautiful, individual keepsake Quilted Christmas Wreath Ornaments, using the English Paper Piercing method, with simple quilting skills and no experience is necessary.

Bible Study

Come and share a study of Bishop Wilke's choice. Bishop Wilke will share the insights he has learned over the years and is an inspiration to all who hear him.

Devil's Den

Devil's Den State Park, which is nestled deep in Lee Creek Valley, is a picturesque setting in northwest Arkansas's Ozarks Mountains. Ancient sedimentary mountains at Devil's Den are renowned for their natural beauty and lush oak-hickory forest. This Ozark valley was selected as a park site in the 1930's by the Civilian Conservation Corps (CCC). The CCC used native materials to craft the park's rustic-style wood and stone structures.

MOUNT SEQUOYAH RETREAT & CONFERENCE CENTER

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